



Brainspotting

PHASE II TRAINING

OFFERED BY REGINA FARIDNIA, LCSW,
SEP, ADS, BRAINSPOTTING TRAINER



Date: December 14th, 15th & 16th, 2023

Time: 8:00AM-5:00PM HST

Location: Maui, HI

Contact: indigenacounselingandwellness@gmail.com

Register at:

<https://www.indigenacounseling.com>

Registration Cost: 795 Standard/645 Prelicensed/400
Students/Repeat

Maui residents: No charge to attend.

This is a Humanitarian training to assist Maui therapists to treat trauma in their community as they are recovering from recent events.

BRAINSPOTTING PHASE 2 IS DESIGNED TO ADD UPON THE POWERFUL TOOL BOX OF PHASE 1 TECHNIQUES. PHASE 2 IS ONLY AVAILABLE IF YOU HAVE COMPLETED PHASE 1 DUE TO THE INTEGRATION NECESSARY TO UTILIZE PHASE 2 TECHNIQUES EFFECTIVELY. THE TECHNIQUES TRAINED IN PHASE II ARE COMMONLY REGARDED FOR THE HIGHLY EFFECTIVE RESOURCING CAPABILITY AND AS ADDITIONAL TOOLS FOR PROCESSING COMPLEX TRAUMA. IN BRAINSPOTTING PHASE II WE ADVANCE UPON PROVEN PHASE I TECHNIQUES BY COVERING:

Z AXIS: ADDING IN DISTANCE AND PROXEMICS

ONE EYED BRAINSPOTTING

OUTSIDE-INSIDE BRAINSPOTTING SETUP

ROLLING BRAINSPOTTING & ADVANCED RESOURCE SETUP